

# Transition Year

2023/2024

### Aims of Transition year

- Personal: To help you develop your personality and character towards a more positive and confident self-image.
- Study/Work: To develop independent work and study habits appropriate to the Senior Cycle.
- Career: To become familiar with workplaces outside school and possible career paths.
- Social: To become more informed about society and more skilled at dealing with people.

#### Benefits of TY

- TY students do better by an average of 26 points in their LC
- Better retention of subjects at Higher Level
- Twice as likely to apply to higher education courses (degree)
- Less likely to change Third Level Course mid-stream
- Become more rounded individuals

### Transition year structure

- ► The structure of TY differs from other years in the school and offers the students a wide variety of choices and experiences
- ► The timetable is broken into 3 strands
- ▶ 1. Core subjects
- ▶ 2. Leaving cert choice subjects
- ▶ 3. TY specific modules (compulsory, vocational, creative)

# Core subjects

- Core subjects (studied all year)
- English
- Irish
- Maths

# Leaving Cert choice subjects (choose 5 from the 17 option subjects offered in SCS)

- History
- Geography
- **DCG**
- French
- Spanish
- Construction Studies
- Engineering
- **Business**
- Accounting

- Ag Science
- Biology
- Physics
- Chemistry
- Art
- Music
- Economics
- Social & Scientific

### TY Specific modules

Compulsory Modules: (Rotated every 8 week)

### Block 1:

First Aid, Guidance, Netiquette, Road Safety

### Block 2:

Digital Media, Health Ed, Relationships & Sexual Ed, Learning to Learn,

### Block 3:

Cookery, Health & Fitness, Driver Theory, Leadership

### TY Specific modules

- Vocational Choice Modules (1 hour per week)
- Applied Science, Computer Science/Coding, Farming, Food & Hospitality, Language & Culture, Sports Administration, Sustainability.
- Creative Choice Modules (2 hours per week)
   Creative Film Making, Mini Company, Woodcraft,
   School Musical (Music, Drama, Art)
- Work experience (2 x one week)
- Social Initiative/community activity (one week)

Subjects	Hours
English, Maths	3 each x2 =6
Irish	2
Religion 1	1
Community Activity	1
PE	1
Computers(Work Experience)	1
Optional Leaving Cert Subject X 5	10
TY Creative Module	2
TY Vocational Module	1
Compulsory Module 1	1
Compulsory Module 2	1
Compulsory Module 3	1
Total Weekly periods/Hours	28

### Transition year Timetable breakdown:

- >28 class periods in the week
- ▶ 18 of those are Academic Subjects
- ▶ 4 are PE, Religion, Computers,Community activity
- ► 6 are Modules

### **Outdoor Pursuits**

- Surfing Inchydoney
- ► Team Building West Cork Secret
- ► Ballyhass adventure centre
- Awesome Walls/Rock climbing
- Kayaking
- Hillwalking
- Waterford Greenway
- Sailing
- Smugglers Cove

### Optional courses run in TY

- Gaisce
- ► Fai Level one coaching Course
- Code like a Girl
- Looking into Law
- Mini Med
- Young Scientist

### Extra-Curricular Activities run in TY

- **GAA**
- ▶ Basketball
- Soccer
- Athletics
- ► Chess Club
- ► Film Club
- ► Book Club
- Social Justice
- Debating

#### Assessment in TY

- Written Christmas and Summer exams
- Practical assessment/orals/Aural Class tests, Presentations, Product, Service, Competitions
- TY Journal- Homework, Reflections, 2 Work Experience, Social Placement and Module reports
- Portfolio
- Certification on the completion of all modules
   Distinction, Merit, Pass, Not Graded

### **Farming**

- Climate Change
- Modern farming Methods
- Guest Speakers
- Farm trips
- Coop visits







# **Applied Science**: BT Young Scientist

- •Bt Young Scientist
- •Real Science
- •SEAI
- •One Big idea
- Scifest
- Aberden Agnescompetition







### **Sports Administration**

- Sports day organisation
- Gym Management
- Lunch Time Activities
- Nutrition
- Research on astroturfs



# **Food and Hospitality**





Euro-Toques Young Chef of the Year 2022

# Language and Culture



- World Cultures
- Research skills and project work
- Chinese language

### **Woodcraft**

- Design
- Hand Tool Skills
- Machine Skills
- Furniture making









### **Health Education**

- Foundations of Self care
- Mindset & CBT
- Meditation
- Stress Management



### Sustainability/Beach clean

- Climate Crisis
- The effects of climate change
- What is Sustainability?
- Biodiversity & Pollution
- Carbon cycle





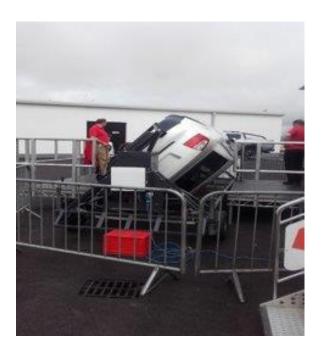
# **Digital Media**

- Fake News
- Social Media and Self esteem
- Producing videos/multimedia
- Podcast



# **Road Safety**

- Competencies of a safe driver
- Speeding, breaking distance
- Drink/DrugDriving



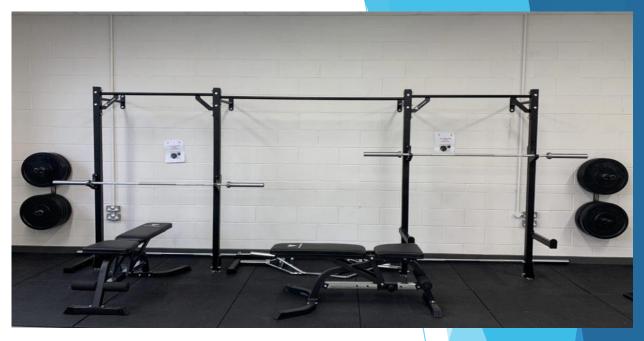


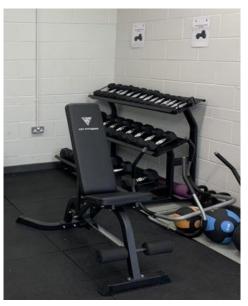




# Health & Fitness

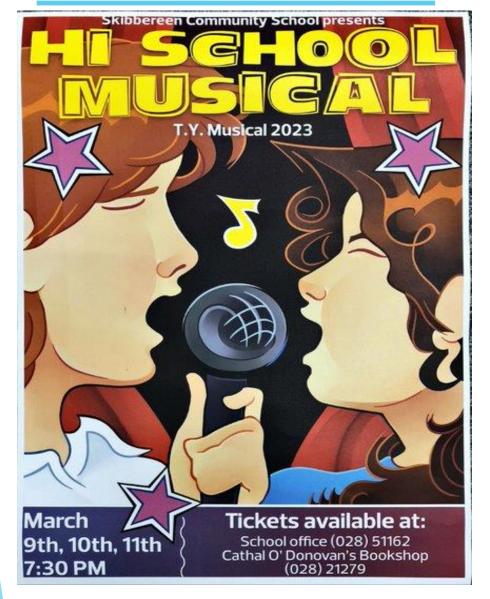
- Training in the correct use of the Gym
- How to create a gym programme
- General physical fitness improvement (Couch to 5Km)
- Weightlifting Ireland
   Girls Programme

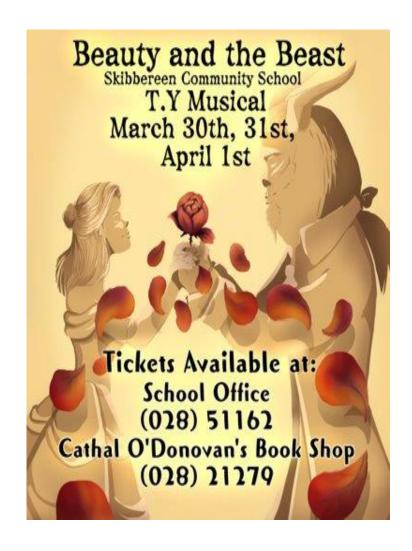






### **TY School Musical**





# **TY School Musical**











### **Arts and Craft**







# Outdoor Activities (Surfing Inchydoney)







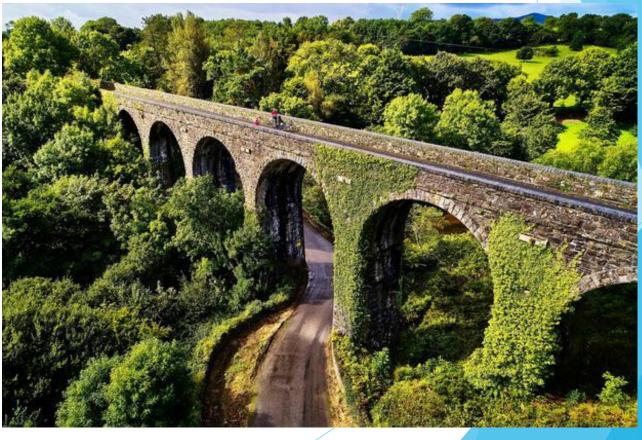
# Outdoor Activities (Kayaking Schull)





# Waterford Greenway Cycle





# Outdoor Activities (West Cork Secret)









# Smugglers Cove







# Guest Speaker Karen Weekes



Resilience,
Positive Mindset
Talk

# Guest Speaker: Richard Barrett





